

# **SNOHOMISH COUNTY DEVELOPMENTAL DISABILITIES**



# **RESOURCE GUIDE**



**2023**

**Resources and contact information for over 300 agencies**



Publications Created By

**Snohomish County Human Services Developmental Disabilities**

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For copies of resource book or to make comments/ suggestions

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Publication available on Snohomish County website:

[www.snohomishcountywa.gov/dd](http://www.snohomishcountywa.gov/dd)

*This book contains information regarding public, private and nonprofit agencies.*

*Inclusion in this directory does not constitute endorsement, nor is any omission an intentio*



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**Human Services**

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Dear Fellow Residents,

Welcome to the Snohomish County Developmental Disabilities Resource Books, designed to provide you with helpful information that can shape and improve your quality of life.

Individually, each booklet in the four book series provides a wealth of information. Collectively they create an opportunity for making the most of services offered by the Snohomish County Human Services as well as connections to programs offered by other organizations and non-profit service providers within the area.

The topics in the series are:

- **Community Plan** - Current issues and efforts being made to improve the quality of life for individuals with developmental disabilities and their families.
- **Resource Guide** - Description and contact information for more than 300 resources.
- **Building a Successful Future** - Information to help you understand community resources and plan for your future.
- **Career Path Services Guide to Employment** Supports for individuals interested in working and contributing in their community.

Together we can make Snohomish County a better place to live, work and play. Thank you for letting us do our part.

Sincerely,

Mary Jane Brell Vujovic  
Director Human Services  
[maryjane.brell@snoco.org](mailto:maryjane.brell@snoco.org)

# The Snohomish County Mission Statement and Governing Principles

The Mission Statement and the Governing Principles were developed in conjunction with the Citizen Advisory Board and serve as a guide to Snohomish County Developmental Disabilities in the development of public policy, supports and services.

## Mission Statement

**We foster inclusive communities that support people with developmental disabilities to achieve a full life through participation and contributions to all aspects of community life**

## Governing Principles

### Individualized Supports

Design and develop support to meet the specific needs and goals of each individual.

### Choice

Create opportunities for individuals to have choices in their community and support individuals in advocating for themselves.

### Community

Promote community-based options.

### Inclusion and Contribution

Promote inclusive/diverse communities so that people have opportunities to achieve meaningful and purposeful lives.

### Access

Promote individual and community accessibility.

### Diversity

Promote culturally relevant supports, while respecting and supporting individuals' uniqueness and diversity.

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# ACCESSIBILITY

<p><b>Accessible Playground</b> A website which includes a directory and resources related to accessible playgrounds. <a href="http://www.accessibleplayground.net">www.accessibleplayground.net</a></p>	
<p><b>Beneficial Design</b> The universal trail assessment process documents actual conditions in outdoor, natural environments. <a href="http://www.beneficialdesigns.com">www.beneficialdesigns.com</a></p>	
<p><b>Job Accommodation Network</b> Provides free, expert, and confidential guidance on workplace accommodations and disability employment issues. Works toward practical solutions that benefit both employer and employee. <a href="http://askjan.org">http://askjan.org</a></p>	<p><b>800-526-7234</b></p>
<p><b>Landscape Structures</b> Creates playgrounds that promote inclusive play by addressing accessibility, age and developmental appropriateness and sensory-stimulating activities: making playgrounds a gathering spot for children/families of all abilities. <a href="http://www.playlsi.com">www.playlsi.com</a></p>	<p><b>888-438-6574</b></p>
<p><b>National Center on Accessibility</b> Promotes access and inclusion for people with disabilities in parks, recreation and tourism. <a href="http://www.ncaonline.org">www.ncaonline.org</a></p>	<p><b>812-855-3095</b></p>
<p><b>U.S. Access Board</b> Committed to accessible design. <a href="http://www.access-board.gov">www.access-board.gov</a></p>	<p><b>202-272-0080</b></p>
<p><b>U.S. Department of Justice</b> Provides information and technical assistance on the Americans with Disabilities Act. <a href="http://www.ada.gov">www.ada.gov</a></p>	<p><b>800-514-0301</b></p>
<p><b>U.S. Forest Service</b> Provides guidelines to maximize accessibility while recognizing and protecting the unique characteristics of the natural setting of outdoor recreation areas and hiker/pedestrian trails. <a href="http://www.fs.usda.gov/managing-land/national-forests-grasslands/accessibility">www.fs.usda.gov/managing-land/national-forests-grasslands/accessibility</a></p>	
<p><b>Washington State Parks</b> Provides information about state parks and accessible outdoor recreation. An Accessible Pass is good for 50% discount on nightly camping/moorage. Free watercraft launching and trailer dump. Available for one-year (short-term disability) or five-year (permanent disability) periods. Note: Simply show your placard, license plate or issued wallet card along with matching I.D. directly to the park ranger. <a href="http://www.parks.wa.gov">www.parks.wa.gov</a> <b>Reservations</b></p>	<p><b>360-902-8844</b> <b>888-226-7688</b></p>



# ADVOCACY

## Advocacy Agencies

<b>Center for Independence</b> Provides outreach, advocacy and support to assist individuals with disabilities to fully access their community. <a href="http://www.cfinorth.org/">www.cfinorth.org/</a>	<b>360-393-3890</b>
<b>Disability Rights of Washington (DRW)</b> A private non-profit organization that protects the rights of people with disabilities statewide. <a href="http://www.disabilityrightswa.org">www.disabilityrightswa.org</a>	<b>206-324-1521</b> <b>800-562-2702</b>
<b>Domestic Violence Services of Snohomish County</b> 24-hour crisis line, support groups, emergency shelter, transitional housing and legal advocacy. <a href="http://www.dvs-snoco.org">www.dvs-snoco.org</a>	24-hr Crisis Line <b>425-252-2873</b>
<b>Family Mentor Project</b> Helps families and guardians through the process of moving a child member to the community from a Regional Habilitation Center. <a href="http://www.familymentorproject.info">www.familymentorproject.info</a>	<b>425-679-1805</b>
<b>Governors Committee on Disability Issues and Employment</b> Promote equality, opportunity, independence and full participation in life for people with disabilities. <a href="http://esd.wa.gov/GCDE">esd.wa.gov/GCDE</a>	<b>360-890-3778</b>
<b>National Council on Disability (NCD)</b> Provides advice to the president, congress, the executive branch to promote policies, programs, practices and procedures that guarantee equal opportunity for all individuals with disabilities. <a href="http://www.ncd.gov">www.ncd.gov</a>	Voicemail <b>202-272-2004</b>
<b>PAVE (Partnerships for Action. Voices for Empowerment)</b> Advocacy, workshops, resources and referrals, regarding special education, and healthcare resource navigation. <a href="http://www.wapave.org">www.wapave.org</a>	<b>800-572-7368</b>
<b>Refugee Women's Alliance</b> A multi-ethnic, community-based organization that provides comprehensive culturally and linguistically appropriate services to refugee and immigrant communities. <a href="http://www.rewa.org">www.rewa.org</a>	<b>206-721-0243</b>
<b>Team Child</b> Provides support and advocacy to divert youth from the juvenile justice system through building community partnerships and providing support for education, health, housing and other basic needs of youth. <a href="http://www.teamchild.org">www.teamchild.org</a>	King County <b>(877) 295-2714</b>
<b>WA State Developmental Disabilities Council (DDC)</b> Provides information and policy advocacy for individuals with disabilities and their families. <a href="http://www.ddc.wa.gov">www.ddc.wa.gov</a>	<b>800-634-4473</b>
<b>Washington Autism Alliance and Advocacy</b> Advocating for improved access to healthcare, education and social services through the lifespan. <a href="http://www.washingtonautismadvocacy.org">www.washingtonautismadvocacy.org</a>	<b>425-894-7231</b>
<b>Washington State Human Rights Commission</b> Eliminate, prevent and investigate alleged discrimination. <a href="http://www.hum.wa.gov">www.hum.wa.gov</a>	<b>800-233-3247</b>
<b>Washington State Long Term Care Ombudsman</b> Improves the quality of life for people in licensed long-term care facilities by providing volunteers who listen to resolve problems and answer questions. <a href="http://www.waombudsman.org">www.waombudsman.org</a>	<b>800-562-6028</b>
<b>Service Alternatives Training Institute</b> Service Alternatives provides disability awareness training to employers and organizations. <a href="http://servicealternatives.com/what-we-do/service-alternatives-training-institute/">servicealternatives.com/what-we-do/service-alternatives-training-institute/</a>	

# ADVOCACY



*“Never doubt that a small group of thoughtful committed citizens can change the world; indeed, it’s the only thing that ever does.”*

*Margaret Mead*



## Self-Advocacy/Community Education

<b>Autistic Self Advocacy Network (ASAN)</b> Disability rights organization run by and for adults with autism.	<a href="http://www.autisticadvocacy.org">www.autisticadvocacy.org</a>	
<b>Disability Is Natural</b> A website that promotes new attitudes, new actions, and common sense in the disability arena.	<a href="http://www.disabilityisnatural.com">www.disabilityisnatural.com</a>	
<b>Disability Social History Project</b>	<a href="http://www.disabilityhistory.org">www.disabilityhistory.org</a>	
<b>People First of Washington</b> Statewide self-advocacy organization run by and for individuals with developmental disabilities.	<a href="http://www.peoplefirstofwashington.org">www.peoplefirstofwashington.org</a>	<b>253-999-7222</b>
<b>Self-Advocacy Groups in Snohomish County</b> Includes: Women’s Group, Transition Club, SAIL, and People First.	<a href="http://www.arcsno.org/programs/self-advocacy-l-e-a-d-coalition">www.arcsno.org/programs/self-advocacy-l-e-a-d-coalition</a>	<b>425-258-2459</b>
<b>Self-Advocacy in Leadership (SAIL)</b> A coalition of people with developmental disabilities shaping public policy.	<a href="http://www.selfadvocatesinleadership.com">www.selfadvocatesinleadership.com</a>	<b>509-222-0294</b>
<b>Community Resource Center of Stanwood-Camano</b> Building a healthier and stronger community through positive relationships, education, programs, and support services.	<a href="http://www.crc-sc.org">www.crc-sc.org</a>	<b>360-629-5257</b>



# ASSISTIVE TECHNOLOGY

<p><b>Able Opportunities, Inc.</b> Provides consultations &amp; job development to address needs of pre-symbolic communicators; including individuals who are deaf / blind / DD.  <a href="http://www.ableopps.com">www.ableopps.com</a></p>	<p><b>206-406-9900</b></p>
<p><b>Department of Services for the Blind (DSB)</b> Statewide services for all ages with blindness and low vision. Services focus on independent living, training and mobility support to individuals and families.  <a href="http://www.dsb.wa.gov">www.dsb.wa.gov</a></p>	<p>Seattle  <b>206-906-5500</b>          General  <b>800-552-7103</b></p>
<p><b>Enabling Devices</b> Manufactures and sells special devices to help people with disabilities reach their fullest potential.  <a href="http://www.enablingdevices.com">www.enablingdevices.com</a></p>	<p><b>800-832-8697</b></p>
<p><b>Hearing, Speech and Deafness Center</b> Supports children and adults to realize their full communication potential.  <a href="http://www.hsdc.org">www.hsdc.org</a></p>	<p><b>888-222-5036</b>          TTY  <b>206-388-1275</b></p>
<p><b>Listen and Talk</b> Teaches children with hearing loss to communicate and learn through listening and spoken language.  <a href="http://www.listentalk.org">www.listentalk.org</a></p>	<p><b>206-985-6646</b></p>
<p><b>Northwest Access Fund</b> Low interest loans for any type of assistive technology or service, and vehicle and in-home modifications.  <a href="http://www.nwaccessfund.org">www.nwaccessfund.org</a></p>	<p><b>206-328-5116</b>  <b>877-428-5116</b></p>
<p><b>Special Education Technology Center</b> Provides school districts with technology resources that are otherwise difficult to find or access.  <a href="http://specialedtechcenter.com">specialedtechcenter.com</a></p>	<p><b>509-963-3350</b></p>
<p><b>Speech to Speech</b> Free telephone service for individual who have difficulty being understood due to a speech impairment or disability.  <a href="http://www.speechtospeech.org">www.speechtospeech.org</a></p>	<p><b>916-448-5517</b></p>
<p><b>Therapy and Assistive Technology Clinic</b> Assists individuals in utilizing adaptive equipment for communication, computer access and phone.  <a href="http://www.provail.org/therapy-clinic">www.provail.org/therapy-clinic</a></p>	<p><b>206-363-7303</b>  <b>888-810-0745</b></p>
<p><b>Washington Assistive Technology Act Program (WATAP)</b> Technology resources for employment, education and independent living.  <a href="http://watap.org">watap.org</a></p>	<p><b>800-214-8731</b>          TTY  <b>866-866-0162</b></p>
<p><b>Washington Relay Service</b> A free service that allows hearing callers to communicate with text telephone (TTY) users through specially trained relay operators. There are no restrictions to number, length or time of calls.  <a href="http://www.washingtonrelay.com">www.washingtonrelay.com</a></p>	<p><b>7-1-1</b>  <b>800-833-6384</b></p>
<p><b>Washington Sensory Disabilities Services (WSDS)</b> Provides information, training, technical assistance and resources to families and educators (statewide) for individuals age birth-to-21 with sensory disabilities.  <a href="http://www.wsdsonline.org">www.wsdsonline.org</a></p>	<p><b>360-947-3297</b></p>
<p><b>Washington Talking Book and Braille Library</b>  <a href="http://www.wtbbl.org">www.wtbbl.org</a></p>	<p><b>800-542-0866</b>  <b>206-615-0400</b></p>

# EDUCATION

## Support and Resources

<p><b>Adolescent Health Transition Project</b> Provides resources for adolescents with special health care needs. <a href="https://depts.washington.edu/healthtr">depts.washington.edu/healthtr</a></p>	206-685-1350
<p><b>Center for Change in Transition Services</b> Works toward improving post-school outcomes for students with disabilities in Washington State. <a href="http://www.seattleu.edu/ccts">www.seattleu.edu/ccts</a></p>	206-296-6494
<p><b>Early Childhood Education and Assistance Program(ECEAP) Services</b> Free preschool program with locations throughout the County. The focus is on the well-being of each child and help them prepare for kindergarten. <a href="http://snohomishcountywa.gov/523">snohomishcountywa.gov/523</a></p>	425-388-7010
<p><b>Early Head Start (EHS)</b> Home-based early learning and family centered support program for Snohomish County families who are pregnant or parenting children birth to three years old. <a href="#">North County</a> <a href="#">South County</a></p>	South County 425-712-9000 North County 425-388-6439
<p><b>Office of Education Ombudsman</b> Helps solve disputes and conflict between families and elementary and secondary public schools that affect student learning. Functions independently from the public-school system. <a href="http://oeo.wa.gov">oeo.wa.gov</a></p>	866-297-2597
<p><b>Office of Superintendent of Public Instruction (OSPI)</b> Charged with overseeing the K-12 public education system in Washington State. <a href="http://www.k12.wa.us/specialed">www.k12.wa.us/specialed</a></p>	360-725-6000
<p><b>PAVE (Partnerships for Action. Voices for Empowerment)</b> Advocacy and information for parents with children with special educational needs and healthcare resource navigation. <a href="http://wapave.org">wapave.org</a></p>	800-572-7368
<p><b>Sno-Isle Skills Center</b> Prepares high school students in Snohomish County to be successful in the high-tech work force. <a href="http://www.snoisletech.com">www.snoisletech.com</a></p>	425-348-2220
<p><b>Snohomish County Early Support for Infants and Toddlers</b> Develops individualized plans for children ages birth to three years old who have developmental delays and medical conditions, and provides support to families to enhance each child's development. <a href="http://www.snohomishcountywa.gov/607">www.snohomishcountywa.gov/607</a></p>	425-388-7402
<p><b>Snohomish County Transition Resource Coordinator</b> Assists individuals and families from the Developmental Disabilities Administration/DSHS with the process of transitioning from school to work and into community living. Includes helping families navigate the adult service systems, understand and access resources and connect to planning/ employment providers. <a href="http://www.snohomishcountywa.gov/5929">www.snohomishcountywa.gov/5929</a></p>	425-388-7476
<p><b>Sound Options Group</b> Provides mediation between families and school districts to help resolve IFSP/IEP impasses. <a href="http://somtgc.com">somtgc.com</a></p>	206-842-2298 800-692-2540
<p><b>Specialized Training of Military Parents (STOMP)</b> Advocacy, information and support to military families caring for family members with disabilities. <a href="http://wapave.org/specialized-training-of-military-parents-stomp/">wapave.org/specialized-training-of-military-parents-stomp/</a></p>	800-572-7368
<p><b>Washington Sensory Disabilities Services (WSDS)</b> Provides training, information, referral and support to families and providers of children who are deaf, hard of hearing, blind, visually impaired or deaf-blind. <a href="http://www.wsdsonline.org">www.wsdsonline.org</a></p>	360-947-3297

# EDUCATION

## Colleges

<b>Bellevue College</b> Offers an Associate's Degree in Occupational and Life Skills (OLS) for students with disabilities. <a href="http://www.bellevuecollege.edu/ols">www.bellevuecollege.edu/ols</a>	<b>425-564-5206</b>
<b>Cascadia Community College</b> Support services to students with disabilities. <a href="http://www.cascadia.edu/advising/accessibility">www.cascadia.edu/advising/accessibility</a>	<b>425-352-8128</b>
<b>DO-IT Program - University of Washington</b> Provides technology services to increase participation of individuals with disabilities in academic programs and careers. <a href="http://www.washington.edu/doit">www.washington.edu/doit</a>	<b>206-685-3648</b>
<b>Edmonds Community College</b> <a href="http://students.edmonds.edu/ssd">students.edmonds.edu/ssd</a>	<b>425-640-1320</b> Deaf/HoH (VP) <b>425-354-3113</b>
<b>Everett Community College Center for Disability Services</b> <a href="http://www.everettcc.edu/students/cds">www.everettcc.edu/students/cds</a>	<b>425-388-9272</b> Deaf/HoH (VP) <b>425-320-4066</b>
<b>Highline Community College - Access Services</b> <a href="http://access.highline.edu/">access.highline.edu/</a>	<b>206-592-3857</b>
<b>Lake Washington Institute of Technology</b> <a href="http://www.lwtech.edu/campus-life">www.lwtech.edu/campus-life</a>	<b>425-793-8300</b>
<b>Shoreline Community College</b> <a href="http://www.Shoreline.edu">www.Shoreline.edu</a>	<b>206-546-4101</b>
<b>Skagit Valley College</b> <a href="http://www.skagit.edu">www.skagit.edu</a>	<b>360-416-7600</b>
<b>Think College</b> <a href="http://www.thinkcollege.net">www.thinkcollege.net</a>	<b>617-287-4300</b>
<b>UW Bothell Campus</b> <a href="http://www.bothell.washington.edu">www.bothell.washington.edu</a>	<b>425-352-5000</b>

## Community Education Resources

<b>Brookes Publishing</b> Publishes books, curriculums and screening tools for individuals with developmental disabilities. <a href="http://www.brookespublishing.com">www.brookespublishing.com</a>	
<b>Disability Scoop</b> News about developmental disabilities. <a href="http://www.disabilityscoop.com">www.disabilityscoop.com</a>	
<b>Inclusion</b> Includes a variety of resources on inclusion. <a href="http://www.inclusion.com">www.inclusion.com</a>	
<b>Informing Families</b> Provides information on changes in the DDA system. <a href="http://www.informingfamilies.org">www.informingfamilies.org</a>	
<b>Jameson Hope Lending Library</b> Videos, training materials and books available. <a href="http://www.arcsno.org">www.arcsno.org</a>	
<b>Kids Included Together (KIT)</b> Promotes inclusion of all children. <a href="http://www.kitonline.org">www.kitonline.org</a>	
<b>Program Development Associates</b> Disability and diversity resources. <a href="http://www.disabilitytraining.com">www.disabilitytraining.com</a>	
<b>Sprout Film Festival</b> Includes a variety of disability related films. <a href="http://www.sproutflix.org">www.sproutflix.org</a>	
<b>Supporting Families of Individuals with Intellectual and Developmental Disabilities</b> <a href="http://www.supportstofamilies.org">www.supportstofamilies.org</a>	

# FAMILY & PARENT RESOURCES

## Early Intervention

<p><b>Early Head Start/Head Start</b> A program for families on a limited income with children from <b>birth to five years old</b>. Head Start partners with families to promote the growth and development of infants and toddlers, resulting in school readiness prior to entry into kindergarten.</p> <p style="text-align: center;"><b>North County Early Head Start</b> (prenatal to three only)  <a href="http://snohomishcountywa.gov/1864">snohomishcountywa.gov/1864</a></p> <p style="text-align: center;"><b>South Central County Early Head Start/Head Start</b> (prenatal to five)  <a href="http://www.edcc.edu/birthtofive">www.edcc.edu/birthtofive</a></p>	<p>North County  <b>425-388-6439</b></p> <p>South Central County  <b>425-712-9000</b></p>
<p><b>Family Interagency Coordinating Council (FICC)</b> A partnership between parents, families, school staff and providers of children ages birth to six with or at risk of delay or disability.  <a href="http://www.snohomishcountywa.gov/609">www.snohomishcountywa.gov/609</a></p>	<p><b>425-388-7402</b></p>
<p><b>Nurse-Family Partnership</b> A FREE program for women who are pregnant with their first child and meet income requirements. A registered nurse will visit you in your home throughout your pregnancy and continue to visit until your baby is 2 years old.  <a href="http://childstrive.org/nurse-family-partnership">childstrive.org/nurse-family-partnership</a></p>	<p><b>425-353-5656</b></p>
<p><b>Parent to Parent</b> Matches new parent's with parent mentors and provides trainings, workshops and support groups. The Arc of Snohomish County.  <a href="http://www.arcsno.org">www.arcsno.org</a></p>	<p><b>425-258-2459</b></p>
<p><b>Snohomish County Early Support for Infants and Toddlers</b> Provides support to children ages birth to three who have or are at high-risk of a delay. Provides Family Resource Coordination to assist families in accessing, coordinating and funding early intervention services.  <a href="http://www.snohomishcountywa.gov/607">www.snohomishcountywa.gov/607</a></p>	<p><b>425-388-7402</b>  <b>800-927-9308</b></p>
<p><b>Washington Sensory Disabilities Services</b> Provides information, training, technical assistance and resources to families and educators (statewide) for individuals age birth to twenty one with sensory disabilities, including individuals who are deaf, hard of hearing, blind, visually impaired or deaf-blind.  <a href="http://www.wsdsonline.org">www.wsdsonline.org</a></p>	<p><b>360-947-3297</b></p>
<p><b>Washington State Department of Children, Youth &amp; Families</b> Provides early intervention services for children age's birth to three with developmental delays or disabilities.  <a href="http://www.dcyf.wa.gov/services/child-development-supports/esit">www.dcyf.wa.gov/services/child-development-supports/esit</a></p>	<p><b>360-725-3500</b></p>

## Resources and Support

<p><b>Adult Protective Services</b> Investigates allegations of abandonment, abuse (physical, mental, sexual), financial exploitation, and neglect of vulnerable adults.</p>	<p><b>866-221-4909</b></p>
<p><b>Arc of Washington State</b> Provides advocacy and support to people with developmental disabilities and their families.  <a href="http://www.arcwa.org">www.arcwa.org</a></p>	<p><b>360-357-5596</b>  <b>888-754-8798</b></p>
<p><b>Autism Awareness Project Department of Health</b> Statewide info on local services and supports for individuals with autism.  <a href="http://doh.wa.gov/you-and-your-family/illness-and-disease-z/autism">doh.wa.gov/you-and-your-family/illness-and-disease-z/autism</a></p>	

# FAMILY & PARENT RESOURCES

<p><b>Autism Center at University of Washington</b> Intervention services include social skills groups, professional training, diagnostic evaluations and program consultation for children (up to age18).  <a href="https://depts.washington.edu/uwautism">depts.washington.edu/uwautism</a></p>	<p>206-221-6806</p>
<p><b>Autism Now</b> Provides national Autism resources.  <a href="http://www.autismnow.org">www.autismnow.org</a></p>	<p>855-828-8476</p>
<p><b>Autism Society of Washington</b> Advocacy, public awareness, education and research related to autism. Calendar of events.  <a href="http://www.autismsocietyofwa.org">www.autismsocietyofwa.org</a></p>	<p>888-279-4968</p>
<p><b>Bridge Ministries</b> Supports individuals with disabilities. Services include one-on-one assessment, chaplain visits, medical equipment, etc.  <a href="http://www.bridgemin.org">www.bridgemin.org</a></p>	<p>425-885-1006</p>
<p><b>Camp Prime Time</b> Provides families with children who are seriously ill or disabled with outdoor wilderness experience where families can enjoy themselves (without financial burden) in a supportive atmosphere.  <a href="http://www.campprimetime.org">www.campprimetime.org</a></p>	<p>509-248-2854</p>
<p><b>Child Care Aware of Washington</b> Our trained staff can create a free, customized list of licensed child care programs that meet your child care needs. We offer services in all languages.  <a href="http://wa.childcareaware.org">wa.childcareaware.org</a></p>	<p>253-383-1735 866-416-4321</p>
<p><b>Children with Special Health Care Needs (CSHCN)</b> Information and resources for families of children who have serious physical, behavioral or emotional conditions requiring additional supports and services.  <a href="http://www.snohd.org/Children-Family/Special-Needs-Children">www.snohd.org/Children-Family/Special-Needs-Children</a></p>	<p>Snohomish County 425-339-5200</p>
<p><b>North Sound 211 - Community Information Line</b> Community resources, emergency and transitional housing, homeless prevention, food banks and general resources. Call 211.  <a href="http://wa211.org/region/north-sound/">wa211.org/region/north-sound/</a></p>	<p>211 800-223-8145</p>
<p><b>Department of Services for the Blind (DSB)</b> Helps individuals with visual disabilities gain necessary skills and access opportunities to reach the employment goals of their choice. Statewide services for all ages of individuals experiencing blindness or low vision. Focuses on independent living through providing orientation, training and mobility and support to families.  <a href="http://www.dsb.wa.gov">www.dsb.wa.gov</a></p>	<p>800-552-7103</p>
<p><b>Developmental Disabilities Administration (DDA)</b> Assists individuals with developmental disabilities and their families to obtain services and supports based on individual preference, capabilities and needs. DDA serves individuals of <b>ALL AGES</b> using state and federal funds to provide or purchase supports/services for eligible persons and their families. Limited resources/services. If you are DDA eligible and currently not receiving any paid services but need additional support call 1-800-567-5582 and inform staff about unmet needs.  <a href="http://www.dshs.wa.gov/dda">www.dshs.wa.gov/dda</a></p>	<p>No Paid Services 800-567-5582 800-788-2053</p>
<p><b>Down Syndrome Association of Snohomish County</b> Provides information and support to families in Snohomish County.  <a href="http://www.dsasc.org">www.dsasc.org</a></p>	<p>425-610-8226</p>
<p><b>Eagle Wings Disability Ministries</b> Offers visits, “circles of friends”, Sunday evening celebrations, phone support, awareness seminars, resource referral, community-based chaplain services and the Eagle Card.  <a href="http://www.eaglewingsministries.org">www.eaglewingsministries.org</a></p>	<p>360-658-6093</p>
<p><b>Easter Seals Society of WA</b> Provides training, information and direct service.  <a href="http://www.easterseals.com/washington/">www.easterseals.com/washington/</a></p>	<p>206-281-5700</p>

# FAMILY & PARENT RESOURCES

<b>Exceptional Family Member Program</b> Provides information, referrals, education & counseling for family members of active military duty. <a href="http://www.navylifepnw.com/">www.navylifepnw.com/</a>	866-854-0638
<b>Family Health Hotline</b> Provides information on local and state resources including health care coverage, specialty services, and recreational opportunities to children with special health care needs. <a href="http://parenthelp123.org">parenthelp123.org</a>	800-322-2588
<b>Family Helpline</b> Provides information and resources on parenting, child development and positive discipline to parents and caregivers. <a href="http://www.parenttrust.org">www.parenttrust.org</a>	800-932-4673
<b>Family Support Centers of Snohomish County</b> Offers a variety of activities, playgroups, resource libraries, volunteer opportunities, classes and events. <b>North Counties Family Services Darrington</b> <b>Familias Unidas</b> <b>Sky Valley Community Resource Center (VOA)</b> <b>South Everett Neighborhood Center</b> <b>Community Resource Center of Stanwood Camano</b> <b>Arlington Community Resource Center (VOA)</b> <b>Lake Stevens Community Resource Center (VOA)</b>	360-436-0334 425-513-2880 360-793-2400 425-355-6005 360-629-5257 360-322-6988 425-405-2252
<b>Fathers Network</b> Support for fathers who have a child(ren) with disabilities. Snohomish County - <a href="http://www.arcsno.org">www.arcsno.org</a> WA State - <a href="http://fathersnetwork.org/">fathersnetwork.org/</a>	425-258-2459
<b>Fetal Alcohol Syndrome (FAS)</b> An alliance of families and professionals supporting individuals with FAS. <a href="http://www.nofaswa.org">www.nofaswa.org</a>	206-400-7533 800-270-4849
<b>Informing Families</b> A website and email list providing up-to-date information on changes in the DDA delivery system. <a href="http://www.informingfamilies.org">www.informingfamilies.org</a>	
<b>Senior Services of Snohomish County, Kinship Caregiver Program</b> For grandparents and relatives facing the challenge of raising a relative's child(ren).	425-265-2287
<b>Life Span</b> Supports Washington State families to develop safe, secure and quality futures for their relatives with disabilities. <a href="http://www.lifespan-wa.org">www.lifespan-wa.org</a>	425-883-9867
<b>Mothers Network</b> Support group for mothers of child(ren) with disabilities, through the Arc of Snohomish County. <a href="http://www.arcsno.org">www.arcsno.org</a>	425-258-2459
<b>National Alliance on Mental Illness (NAMI)</b> Provides advocacy, information and support for individuals with mental illness and their families. <a href="http://www.namiwa.org">www.namiwa.org</a> <a href="http://www.nami-greaterseattle.org">www.nami-greaterseattle.org</a>	Help Line 206-783-4288 Office 206-789-7722
<b>Navy Region Northwest School Liaison Officer</b> A central point of contact for school related matters between Navy Region Northwest, military families and local school systems.	425-304-3688
<b>Parent/Family Coalition of Snohomish County</b> Provides resources to help individuals and families understand the service delivery system and opportunities to become involved with elected officials and others in advocating for positive changes in services for individuals with disabilities. <a href="http://www.arcsno.org">www.arcsno.org</a>	425-258-2459

# FAMILY & PARENT RESOURCES

<p><b>Parent to Parent</b> Matches parent's in a one-one relationship with trained, experienced parents, based on similar diagnosis and family issues. Provides information and referral, workshops, training and support. <a href="http://www.arcsno.org">www.arcsno.org</a></p>	<p>425-258-2459</p>
<p><b>Parent to Parent of Washington State</b></p> <p><a href="http://arcwa.org/parent-to-parent/">arcwa.org/parent-to-parent/</a></p>	<p>360-357-5596 888-754-8798</p>
<p><b>Planned Parenthood</b> Information and education on family planning and women's health care services. Website has resources specific to individuals with intellectual disabilities. <a href="http://www.plannedparenthood.org">www.plannedparenthood.org</a></p>	<p>EVERETT 800-769-0045</p>
<p><b>Puget Sound Autism Services</b> LLC, Glenna Clouse, Provides counseling, consultation, social skills groups and training for individuals, families, schools and community groups for autism spectrum disorders. <a href="http://www.psautism.com">www.psautism.com</a></p>	<p>206-617-2131</p>
<p><b>Puget Sound Psychology &amp; Consulting</b> Provides diagnosis and assessment, counseling, consultation, social skills groups for children and adults on the autism spectrum and their families. <a href="http://www.pugetsoundpsychology.com">www.pugetsoundpsychology.com</a></p>	<p>206-883-6175</p>
<p><b>Early Life Speech &amp; Language</b> Serves young children with severe speech and language delays. Provides educational and training opportunities for parents at no cost. <a href="http://earlylifespeech.org/">earlylifespeech.org/</a></p>	<p>855-543-8255</p>
<p><b>Homage Senior Services</b> Provides information and referral to social service programs to seniors and individuals with disabilities. <a href="http://www.sssc.org">www.sssc.org</a></p>	<p>425-355-1112 800-422-2024</p>
<p><b>Sibshops</b> Opportunities for brothers and sisters of children with developmental disabilities to connect with peers, to share their experiences and participate in fun activities with other siblings. Through the Arc of Snohomish County. <a href="http://www.arcsno.org">www.arcsno.org</a></p>	<p>425-258-2459</p>
<p><b>Special Education Mediation</b> Sound Options Group provides mediation between families (with children ages 0-21 years-of-age) and school districts to help resolve IFSP or IEP impasses. <a href="http://www.somtg.com">www.somtg.com</a></p>	<p>800-692-2540 206-842-2298</p>
<p><b>University Center for Excellence in Developmental Disabilities</b> Provides technical assistance, outreach, clinical services, training and information for individuals with developmental disabilities. <a href="http://www.depts.washington.edu/chdd/ucedd.html">www.depts.washington.edu/chdd/ucedd.html</a></p>	<p>206-543-7701</p>
<p><b>WA State Hands and Voices</b> Dedicated to supporting families with children who are deaf, deaf-blind, or hard of hearing. <a href="http://www.wahandsandvoices.org">www.wahandsandvoices.org</a></p>	<p>425-268-7087</p>
<p><b>Washington Connection</b> Offers you a way to find and apply for a variety of services online. <a href="http://www.washingtonconnection.org/home">www.washingtonconnection.org/home</a></p>	
<p><b>YWCA</b> Dedicated to eliminating racism, empowering women, and ensuring all people in the community have the opportunity to thrive <a href="http://ywcaworks.org">ywcaworks.org</a></p>	<p>206-461-4888</p>

# FINANCIAL

## Employment Assistance

<p><b>Department of Services for the Blind (DSB)</b> Helps individuals' who are blind or visually impaired gain the necessary skills and access opportunities to reach the employment goals of their choice.  <a href="http://www.dsb.wa.gov">www.dsb.wa.gov</a></p>	<p><b>800-552-7103</b></p>
<p><b>Division of Vocational Rehabilitation (DVR)</b> Assists people with disabilities prepare for, obtain and retain employment. Vocational rehabilitation programs are custom designed for each individual.  <a href="http://www.dshs.wa.gov/dvr">www.dshs.wa.gov/dvr</a></p>	<p>Everett  <b>425-339-4880</b>                  Lynnwood  <b>425-977-6600</b></p>
<p><b>Goodwill Job Training and Education</b> Provides job training and education, programs, support and assistance in finding a job.  <a href="http://goodwill.org/job-training-and-education">goodwill.org/job-training-and-education</a></p>	<p><b>425-267-9718</b>  <b>206-329-1000</b></p>
<p><b>Job Accommodation Network</b> Provides free, expert and confidential guidance on workplace accommodations and disability employment issues. Works toward practical solutions that benefit both employer and employee.  <a href="http://askjan.org">askjan.org</a></p>	<p><b>800-526-7234</b></p>
<p><b>Job Corps</b> Free education and vocational training program to help young people ages 16 - 24 obtain a better paying job.  <a href="http://www.jobcorps.gov/">www.jobcorps.gov/</a></p>	<p><b>800-733-5627</b></p>
<p><b>Office of Disability Employment Policy (ODEP)</b> Provides national leadership by developing and influencing disability employment related policies. <a href="http://www.dol.gov/odep">www.dol.gov/odep</a></p>	<p><b>202-693-7880</b>  <b>866-633-7365</b></p>
<p><b>Pathways to Employment</b> A website that helps Washingtonians with a disability make informed decisions about going to work.  <a href="http://www.pathways.dshs.wa.gov">www.pathways.dshs.wa.gov</a></p>	
<p><b>Plan to Work</b> Serves people ages 14-65 years old receiving disability benefits from Social Security Administration (SSA) and want to work.  <a href="http://www.plantowork.org">www.plantowork.org</a></p>	<p><b>866-968-7842</b></p>
<p><b>Snohomish County Career Path Services</b> Supports individuals with developmental disabilities pursue and/or maintain community employment. Contact DD case manager for a referral. Guide available at:  <a href="http://www.snohomishcountywa.gov/610">www.snohomishcountywa.gov/610</a></p>	
<p><b>Disability: In Washington</b> Educates/supports businesses recruit, hire, retain, promote and improve customer service for people with disabilities.  <a href="http://di-wash.org/">di-wash.org/</a></p>	
<p><b>WorkSource</b> Provides information and classes to assist individuals in obtaining employment.  <a href="http://www.worksourceonline.com">www.worksourceonline.com</a></p>	<p>Everett  <b>425-258-6300</b></p>

## Financial Planning

<p><b>ABLE Savings Plan</b> Allows individuals with disabilities to save money for qualified disability expenses without losing their federal benefits.  <a href="http://www.ablenrc.org">www.ablenrc.org</a></p>	
<p><b>Benefit U</b> Information and resources related to specific benefit topics such as Medicaid, Medicare, SSI and Title II benefits.  <a href="http://www.benefitu.org">www.benefitu.org</a></p>	
<p><b>DD Endowment Trust Fund</b> Enables individuals with DD and their families to open a low-cost special needs trust to set aside money and build assets for the future without compromising the individual's eligibility for public services.  <a href="http://ddlot.org">ddlot.org</a></p>	<p><b>888-754-8798</b>                  ext. 1</p>



# FINANCIAL

## Financial Assistance

<b>Cell Phones</b> Available for individuals who are low income. <a href="http://www.safelinkwireless.com">www.safelinkwireless.com</a>	<b>800-723-3546</b>
<b>Community Service Office (CSO)</b> Provides eligibility determination on services when applying for financial, Medicaid, food stamp assistance or childcare. Online application. <a href="http://www.dshs.wa.gov/esa/online-community-services-office-cso">www.dshs.wa.gov/esa/online-community-services-office-cso</a>	<b>877-501-2233</b>
<b>Journey Housing and Payee Services (formerly Washington Home of Your Own)</b> Non-profit organization approved by Social Security Administration to provide Representative Payee services to Social Security beneficiaries. <a href="http://journeyhousingandpayee.org/">journeyhousingandpayee.org/</a>	(Payee) <b>425-212-4230</b> (Housing) <b>425-374-5491</b>
<b>Social Security Administration</b> Federal agency offers financial assistance for people with disabilities to achieve independence. Persons under 18 considered based on disability and parents' income; over age 18 considered based on individual income, resources and disability determination. Includes Supplemental Security Income (SSI) and Social Security Disability Insurance (SSDI) programs. <a href="http://www.ssa.gov">www.ssa.gov</a>	General No. <b>800-772-1213</b> Everett <b>866-563-4595</b> Lynnwood <b>877-575-5197</b>
<b>Social Security Benefit Eligibility Screening Tool for SSI and SSDI</b> A web-based tool to help determine eligibility for benefits. <a href="http://ssabest.benefits.gov">ssabest.benefits.gov</a>	
<b>Women, Infants and Children (WIC)</b> A nutrition program to assist pregnant women, mothers and young children. <a href="http://www.seamar.org/wic-nutrition.html">www.seamar.org/wic-nutrition.html</a>	<b>425-252-5303</b>

## Energy Assistance

<b>Electricity</b> Annual PUD discounts are available for low income customers.	<b>425-783-1000</b>
<b>Energy Assistance Program</b> Provides one-time assistance in paying heat bills for one season. <a href="http://snohomishcountywa.gov/552/Energy-Assistance">snohomishcountywa.gov/552/Energy-Assistance</a>	<b>425-388-3880</b>
<b>Weatherization Program</b> Year-round, home energy conservation assistance. <a href="http://snohomishcountywa.gov/600/Weatherization">snohomishcountywa.gov/600/Weatherization</a>	<b>425-388-7205</b>



# HEALTH CARE/ MEDICAL SERVICES

## Health Insurance

<b>Benefits Checkup</b> Contains benefit screening tools.	<a href="http://www.benefitscheckup.org">www.benefitscheckup.org</a>	
<b>Apple Health for Workers with Disabilities (HWD)</b> Medicaid buy-in program for employed individuals with disabilities. Employees pay monthly fee (premium) based on income.	<a href="http://www.dshs.wa.gov/esa/community-services-offices">www.dshs.wa.gov/esa/community-services-offices</a>	206-272-2169 800-871-9275
<b>SHIBA</b> (Statewide Health Insurance Benefits Advisors) Addresses questions, concerns, and complaints related to health insurance.	<a href="http://www.insurance.wa.gov">www.insurance.wa.gov</a>	800-562-6900
<b>Washington Apple Health (Medicaid)</b> Provides health care for individuals with low income; includes youth, families and prescription drugs.		800-562-3022
<b>Washington Health Plan Finder</b> Compare and enroll in quality health insurance plans and access important cost savings.	<a href="http://www.wahealthplanfinder.org">www.wahealthplanfinder.org</a>	800-562-3022

## Medical Support

<b>Adolescent Health Transition Project</b> Provides information to assist with transition to adult health care services.	<a href="http://www.depts.Washington.edu/healthtr">www.depts.Washington.edu/healthtr</a>	
<b>Alcohol/Drug 24-Hour Helpline</b>	<a href="http://www.adhl.org">www.adhl.org</a>	206-722-3700
<b>Carina</b> Need a fill-in caregiver? Carina is a free service where Medicaid and state-funded home care clients and qualified providers can connect directly for care and support.	<a href="http://www.carinacare.com/">www.carinacare.com/</a>	855-796-0605
<b>Center on Human Development &amp; Disabilities (CHDD)</b> Provides on-site clinical service programs for children, with or at risk for developmental learning, and behavioral concerns.	<a href="http://www.depts.washington.edu/chdd">www.depts.washington.edu/chdd</a>	206-543-7701
<b>Children with Special Health Care Needs</b> Provides information and resources to families for home visit programs, parenting, child health services and nurse/family partnerships.	<a href="http://www.snohd.org/268/Children-With-Special-Needs">www.snohd.org/268/Children-With-Special-Needs</a>	
<b>Citrine Health</b> Connects women and their families to services that improve the quality of their health, including health screenings, insurance, and food programs. Provides breast, cervical and colon health screening for uninsured people between 40 and 60 years of age.	<a href="http://www.citrinehealth.org">www.citrinehealth.org</a>	425-259-9899 888-651-8931
<b>Community Health Center of Snohomish County</b> Dedicated in providing the uninsured, low-income and other members of our diverse community with access to high quality and affordable medical, dental, behavioral health and pharmacy services.	<a href="http://www.CHCsno.org">www.CHCsno.org</a>	425- 789-3789
<b>Dental Care for Individuals with Disabilities (DECOD)</b> University of Washington's School of Dentistry's helps to locate dental resources for persons with disabilities.	<a href="http://dental.washington.edu/patient/clinics/decod/">dental.washington.edu/patient/clinics/decod/</a>	206-543-4619
<b>Directory of Dentists</b> A partial listing of dentists who treat patients with developmental or special needs.	<a href="http://www.wsda.org/special-needs-directory">www.wsda.org/special-needs-directory</a>	

# HEALTH CARE/ MEDICAL SERVICES

<b>DSHS</b> Provides in-home assistance to individuals who receive Medicaid and need assistance with personal care. Call your DDA case manager. (or Home and Community Services DSHS if not DDA eligible) <a href="http://www.dshs.wa.gov">www.dshs.wa.gov</a>	Everett 425-740-6400 800-788-2053
<b>Elks Therapy Program</b> Provides free in-home occupational and physical therapy for children aged birth-to-21. <a href="http://www.tallelks.org">www.tallelks.org</a>	253-472-6223
<b>Epilepsy Foundation Washington</b> Programs and services for individuals with epilepsy and their family members. <a href="http://www.epilepsy.com/local/washington">www.epilepsy.com/local/washington</a>	206-547-4551
<b>Family Health Hotline</b> Provides local and state resource information for healthcare coverage, specialty services and recreational opportunities for children with special health care needs. <a href="http://www.parenthelp123.org/family-health-hotline">www.parenthelp123.org/family-health-hotline</a>	800-322-2588
<b>Handle Institute</b> Provides non-drug evaluation and treatment for individuals with neurodevelopment disorders. <a href="http://www.handle.org">www.handle.org</a>	206-909-6028
<b>MS Helping Hands Donation Closet</b> Provides new and recycled medical and mobility equipment for individuals living with MS. <a href="http://www.mshh-donorcloset.com">www.mshh-donorcloset.com</a>	425-712-1807
<b>My Gym Foundation</b> Assists children with physical challenges to receive medical attention, rehabilitation therapy and assistive devices they would not be able to obtain otherwise. <a href="http://www.mygymfoundation.org/about/">www.mygymfoundation.org/about/</a>	818-907-6966
<b>National Organization for Rare Disorders (NORD)</b>	203-744-0100
<b>Poison Information Hotline</b>	800-222-1222
<b>Providence Children's Center</b> Neuro-developmental center for children birth-to-14, providing OT, PT, speech, nutrition and counseling. Accepts Medicaid.	425-258-7311
<b>Providence Hospice and Home Care of Snohomish Co.</b> Provides health care and comfort to people of all ages facing a life threatening or challenging illness.	425-261-4800
<b>SeaMar</b> Serves low income individuals with comprehensive medical, dental and social services. Provides health education, maternity support services and inpatient substance abuse treatment. Specializes in services to Latinos. <a href="http://www.seamar.org">www.seamar.org</a>	855-289-4503
<b>Seattle Children's Hospital</b> Children's Resource Line. <a href="http://www.seattlechildrens.org">www.seattlechildrens.org</a>	866-987-2000
<b>Shield Health Care</b> Provides disposable medical supplies for incontinence (adult and pediatric), external nutrition, ostomy, and urological supplies. Provides free home delivery, language services, and home evaluations. Accepts Medicare, Medicaid and some private insurance. <a href="http://www.shieldhealthcare.com">www.shieldhealthcare.com</a>	800-765-8775
<b>Snohomish County Early Support for Infants and Toddlers Program</b> Provides services and support to children birth-to-3 with or at high-risk of a delay. Assists families in accessing, coordinating and funding services. <a href="http://www.snohomishcountywa.gov/607">www.snohomishcountywa.gov/607</a>	425-388-7402 800-927-9308
<b>Snohomish County Health District</b> Provides immunizations, diagnoses, nutrition, maternal and child health care, family planning, food safety, disease/injury prevention and promotes access to health care. <a href="http://www.snohd.org">www.snohd.org</a>	Everett 425-339-5200 Lynnwood 425-775-3522
<b>Starlight Children's Foundation</b> Serves seriously ill children. <a href="http://www.starlight.org">www.starlight.org</a>	

# HEALTH CARE/ MEDICAL SERVICES

<b>Washington Association for Community Health</b> Advocates for low-income, uninsured and underserved Washington State residents served by community health centers. <a href="http://www.wacommunityhealth.org/">www.wacommunityhealth.org/</a>	<b>360-786-9722</b>
<b>Washington State Fetal Alcohol Syndrome Diagnostic and Prevention Network</b> <a href="http://www.fasdpn.org">www.fasdpn.org</a>	
<b>Washington State Medical Home Website</b> Connects families with health care providers to make informed health care decisions. Includes practical tools, strategies and information for children with special health care needs. <a href="http://www.medicalhome.org">www.medicalhome.org</a>	<b>206-685-1279</b>
<b>WithinReach</b> Private nonprofit organization working to ensure optimal health for all Washington families by connecting them to resources. <a href="http://www.withinreachwa.org">www.withinreachwa.org</a>	Help Me Grow hotline <b>800-322-2588</b> <b>206-284-2465</b>
<b>Women Infant and Children (WIC) Program</b> Nutrition program providing education, support and referrals to health care & social services for pregnant women, new mothers and young children. <a href="http://www.seamar.org/wic-nutrition.html">www.seamar.org/wic-nutrition.html</a>	Everett <b>425-252-5303</b> Lynnwood <b>425-258-8400</b>

## Mental Health

### Crisis Lines

<b>Care Crisis Line (24-Hour Intervention)</b> Information, referral and intervention services for adults and children in mental health crisis.	<b>800-584-3578</b>
<b>Washington Recovery Help Line</b> For 24-hour emotional support, crisis intervention and referrals. <a href="http://www.warecoveryhelpline.org/">www.warecoveryhelpline.org/</a>	<b>866-789-1511</b>

### Access Lines

<b>Catholic Community Services</b> Provides outpatient services. <a href="http://www.ccsww.org">www.ccsww.org</a>	<b>206-328-5696</b>
<b>Compass Health</b> Provides full continuum of outpatient/inpatient behavioral health care for individuals of all ages in Everett, Lynnwood and Smokey Point. <a href="http://www.compasshealth.org">www.compasshealth.org</a>	Everett <b>425-349-6200</b> <b>800-457-9303</b>
<b>Northsound 211</b> Information and referral line	<b>211</b>
<b>SeaMar</b> Provides outpatient services in Everett, and Lynnwood. <a href="http://www.seamar.org">www.seamar.org</a>	Everett <b>425-312-0202</b>

# HOUSING & LIVING INFORMATION

## Resources to Obtain Affordable Housing

<b>Apartment Finder</b> for affordable, accessible apartments.	<a href="http://www.aptfinder.org">www.aptfinder.org</a>	253-383-3861
<b>Catholic Community Services</b> Provides support services.	<a href="http://www.ccsww.org">www.ccsww.org</a>	206-328-5696
<b>Community Homes</b> Housing education and resources	<a href="http://community-homes.org">community-homes.org</a>	425-233-6930
<p><b>Developmental Disabilities Administration (DDA)</b> Provides information on housing options and supports. Connects individuals to Adult Family Homes and other residential supports based on eligibility and available funding.</p> <p style="text-align: right;"><a href="http://www.dshs.wa.gov/dda">www.dshs.wa.gov/dda</a></p>		
<p><b>Adult Family Homes (AFH)</b> Licensed by the State. AFH provide room and board and assistance with personal care based on State assessment.</p>		
<p><b>Supported Living Services</b> DDA Residential Program, <i>eligibility criteria varies, and funding is limited</i>. Provides instruction and support to persons living in their own homes within the community. Supports may vary from a few hours a month, to 24 hours a day. Clients pay for rent, food and other personal expenses. DDA contracts with private agencies to provide services.</p>		
<b>Everett Housing Authority</b> Provides rent subsidies and public housing in Everett and Snohomish County for persons who meet program eligibility requirements. Request a current list of subsidized/affordable housing.	<a href="http://www.evha.org">www.evha.org</a>	425-258-9222
<b>Housing Authority of Snohomish County (HASCO)</b> Provides rent subsidies and public housing for persons who meet eligibility requirements and live in Snohomish County. Request a current list of subsidized and affordable housing.	<a href="http://www.hasco.org">www.hasco.org</a>	425-290-8499
<b>Housing Hope</b> Supports families transitioning from emergency shelters, transitional housing, and permanent housing. Provides services to homeless, pregnant, and parenting teens.	<a href="http://www.housinghope.org">www.housinghope.org</a>	425-347-6556
<b>Northwest Indian Housing Association (NWIHA)</b> Provides information and referral to affordable housing and financial resources for NW tribal members.	<a href="http://www.nwiha.org">www.nwiha.org</a>	360-220-9212
<b>Partners4Housing</b> Collaborates with families to discover housing opportunities and resources.	<a href="http://www.partners4housing.com">www.partners4housing.com</a>	971-599-1010

## In Home Support

<b>Canine Companions for Independence (CCI)</b> Provides highly trained assistance dogs and ongoing support to ensure quality partnerships.	<a href="http://www.cci.org">www.cci.org</a>	800-572-2275
<b>Community Information Line</b> Provides information on emergency and transitional housing, homeless prevention, food banks and general resources.		211
<b>Dispute Resolution Center</b> Provides informational and mediation services for tenant landlord disputes, fair housing information and counseling.	<a href="http://www.voaww.org/drc">www.voaww.org/drc</a>	425-339-1335
<b>Fair Housing Center of Washington</b> Assures equal access to housing, and related services and provides education, investigation, and enforcement of applicable laws.		253-274-9523 844-557-6322

# HOUSING & LIVING INFORMATION

<b>Nutrition Programs Meal Service</b>		<b>800-824-2183</b>
<b>Medicaid Personal Care Services</b> Provides in-home personal care to Medicaid eligible participants.	<b>DDA</b> <b>HCS</b>	<b>425-740-6400</b> <b>425-339-4010</b>
<b>Rampathon</b> Builds free wheelchair ramps for low-income homeowners with disabilities in King and Snohomish Counties.	<a href="http://www.rampathon.org">www.rampathon.org</a>	<b>425-451-7920</b>
<b>Puget Sound Labor Agency</b> Provides access ramps allowing individuals to live in the home of their choice.		<b>206-448-9277</b>
<b>Volunteer Chore Service</b> Provides housework, yard work, laundry, and other home task assistance through a network of volunteers. A program of Catholic Community Services.	<a href="http://ccsww.org/get-help/services-for-seniors-people-with-disabilities">ccsww.org/get-help/services-for-seniors-people-with-disabilities</a>	<b>425-258-5270</b>
<b>Washington Connections</b> Offers a fast and easy way for families and individuals to apply for a variety of services such as Food, Cash, Child Care, Long-Term Care, and Medicare Savings Programs	<a href="http://www.washingtonconnection.org/home/">www.washingtonconnection.org/home/</a>	

## Emergency Housing

<b>American Red Cross</b> Provides relief in disasters and prepares for emergencies.		<b>425-252-4103</b>
<b>Care Crisis Line (24-Hour)</b>		<b>800-584-3578</b>
<b>Cocoon House</b> Provides emergency shelter and critical services to homeless and at-risk teens.	<a href="http://www.cocoonhouse.org">www.cocoonhouse.org</a>	<b>425-259-5802</b>
<b>Domestic Violence Services</b> Provides free and confidential services, emergency shelter, legal advocacy, support groups and education.	<a href="http://www.dvs-snoco.org">www.dvs-snoco.org</a>	24 Hr. Crisis <b>800-562-6025</b>
<b>Everett Gospel Mission</b> Provides emergency shelter for men.		<b>425-740-2500</b>
<b>Friends of Youth</b> Provides housing to homeless teens ages 11 to 17.		Main Office <b>425-869-6490</b>
<b>Pathways for Women</b> Provides shelter, counseling services and employment readiness for homeless, single parent families.		<b>425-774-9843</b>
<b>Salvation Army</b> Provides emergency shelter and temporary financial assistance.		<b>425-259-8129</b>
<b>St. Vincent De Paul</b>		<b>425-355-3525</b>
<b>Volunteers of America (VOA)</b>		<b>425-259-3191</b>
<b>Women &amp; Children's Mission</b> Provides emergency shelter for women and children.		<b>425-740-2501</b>

## Home Ownership Resources

<b>Habitat for Humanity of Snohomish County</b> Sweat equity home construction for low-income families.	<a href="http://www.habitatsnohomish.org">www.habitatsnohomish.org</a>	<b>425-258-6289</b>
<b>Home Choice Program</b> Provides down payment assistance to low to moderate income individuals with disabilities (or families which include individuals with disabilities) seeking to own a home.	<a href="http://www.wshfc.org/buyers/homechoice.htm">www.wshfc.org/buyers/homechoice.htm</a>	<b>800-767-4663</b>

# HOUSING & LIVING INFORMATION

<p><b>Home Sight First Time Homebuyer Program</b> Provides purchase assistance to first-time low-income homebuyers. Provides homebuyer education and financial counseling as part of the program. <a href="http://www.homesightwa.org">www.homesightwa.org</a></p>	<p><b>206-760-4205</b></p>
<p><b>Housing Authority of Snohomish County (HASCO)</b> <a href="http://www.hasco.org">www.hasco.org</a></p>	<p><b>425-290-8499</b></p>
<p><b>Housing Hope Home Ownership Program</b> For first-time low-income homebuyers. Homebuyers participate in the new construction of homes. Provides purchase assistance, homebuyer education and financial counseling. <a href="http://www.housinghope.org">www.housinghope.org</a></p>	<p><b>425-347-6556</b></p>
<p><b>Parkview Services</b> Provides purchase assistance, homebuyer education and financial counseling to first-time low-income homebuyer. At least one person in household must have a disability. <a href="http://www.parkviewservices.org">www.parkviewservices.org</a></p>	<p><b>206-542-6644</b></p>
<p><b>Washington State Housing Finance Commission</b> A publicly accountable, self-supporting team, dedicated to increasing housing access and affordability and to expand the availability of quality community services. <a href="http://www.wshfc.org">www.wshfc.org</a></p>	<p><b>206-464-7139</b> <b>800-767-4663</b></p>
<h2>Home Maintenance</h2>	
<p><b>Community Housing Improvement Program (CHIP)</b> Provides low interest and deferred loans for rehabilitating single family homes in the City of Everett. Rental renovation loans are also available. <a href="http://www.everettwa.gov/662/Housing-Repair-Services-CHIP">www.everettwa.gov/662/Housing-Repair-Services-CHIP</a></p>	<p><b>425-257-8735</b></p>
<p><b>Minor Home Repair</b> Provides health and safety related repairs that homeowners who are elderly or disabled are not able to perform due to lack of funds or inability to physically perform repairs themselves. <a href="http://homage.org/home-repair/minor-home-repair/">homage.org/home-repair/minor-home-repair/</a></p>	<p><b>425-265-2222</b></p>
<p><b>Snohomish County Assessor</b> Provides a property tax deferral or exemption program for individuals or families who own a home and cannot afford the property taxes. <a href="http://www.snohomishcountywa.gov/175/Assessor">www.snohomishcountywa.gov/175/Assessor</a></p>	<p><b>425-388-3433</b></p>
<p><b>USDA Rural Development</b> Provides grants and low interest loans for health or safety related repairs. Available to rural, low income homeowners. <a href="http://www.rd.usda.gov/">www.rd.usda.gov/</a></p>	<p><b>360-452-8994</b></p>
<p><b>Weatherization Program</b> Year-round, home energy conservation assistance. <a href="http://snohomishcountywa.gov/600/Weatherization">snohomishcountywa.gov/600/Weatherization</a></p>	<p><b>425-388-7205</b></p>

# INFORMATION/RESOURCE/REFERRAL

<b>Abuse Neglect</b> Investigates complaints of abuse, neglect or exploitation of vulnerable children and adults. Includes CPS and APS. If life threatening emergency, call 911.	<b>866-ENDHARM 866-363-4276</b>
<b>Access Washington</b> Search “disability”. <a href="http://www.access.wa.gov">www.access.wa.gov</a>	
<b>Arc of Snohomish County</b> Provides information, education and support to individuals with developmental disabilities and their families. <a href="http://www.arcsno.org">www.arcsno.org</a>	<b>425-258-2459</b>
<b>Brain Injury Association of Washington</b> Provides information, referral services, educational materials, and presentations. <a href="http://www.braininjurywa.org">www.braininjurywa.org</a>	<b>206-467-4800</b>
<b>Care Crisis Line</b> (24-hour)	<b>800-584-3578</b>
<b>Center for Parent Information and Resources</b> Listing of statewide programs for families of children with special needs. <a href="http://www.parentcenterhub.org">www.parentcenterhub.org</a>	
<b>Community Information Line</b> Provides information on resources and services.	<b>211</b>
<b>Department of Social and Health Services for Washington State (DSHS)</b> Provides protection, comfort, food assistance, financial aid, medical care etc., to WA State children, families and vulnerable adults. <a href="http://www.dshs.wa.gov">www.dshs.wa.gov</a>	<b>800-501-2233</b>
<b>Developmental Disabilities Administration (DDA)</b> Serves individuals of <b>ALL AGES</b> using state and federal funds to provide or purchase support and services. Resources are limited and services may not always be available. <a href="http://www.dshs.wa.gov/dda">www.dshs.wa.gov/dda</a>	<b>800-788-2053</b>
<b>Domestic Violence Services</b> Provides free and confidential services: emergency shelter, legal advocacy, support groups and education. <a href="http://www.dvs-snoco.org">www.dvs-snoco.org</a>	<b>425-252-2873 800-562-6025</b>
<b>Federal Emergency Management Agency (FEMA)</b> Search “Special Needs” to get various emergency preparedness resources. <a href="http://www.fema.gov">www.fema.gov</a>	<b>800-621-3362</b>
<b>Home and Community Services (HCS/DSHS)</b> Provides screening and assessment for in home care or adult family home or assistive living for individuals 18+years old.	<b>425-339-4010</b>
<b>Northwest ADA Center</b> Provides free confidential phone consultation and trainings regarding the Americans with Disabilities Act (ADA). <a href="http://www.nwadacenter.org">www.nwadacenter.org</a>	<b>800-949-4232</b>
<b>Office of Deaf and Hard of Hearing (ODHH)</b> Services for persons who are deaf, hard of hearing, deaf-blind, or hearing with a speech disabilities. <a href="http://www.dshs.wa.gov/odhh">www.dshs.wa.gov/odhh</a>	<b>800-422-7930</b>
<b>Providence Sexual Assault Center</b> 24-hour hotline.	<b>425-252-4800</b>
<b>Senior Services of Snohomish County</b> <a href="http://www.sssc.org">www.sssc.org</a>	<b>425-355-1112</b>
<b>Smart 911</b> A free service that allows citizens to create a Safety Profile for their household that includes any information they want 9-1-1 to have in the event of an emergency. <a href="http://www.smart911.com">www.smart911.com</a>	
<b>Snohomish County Developmental Disabilities (DD)</b> Provides a variety of supports and resources to individuals with developmental disabilities and their families. <a href="http://www.snohomishcountywa.gov/428">www.snohomishcountywa.gov/428</a>	<b>425-388-7320</b>
<b>Snohomish County Developmental Disabilities Advisory Board</b> Provides an open forum for community input on public policy. Meets on the fourth Tuesday of the month, 3:30PM-5:30PM in Everett.	<b>425-388-7208</b>
<b>Washington State Tribal Directory</b> <a href="http://www.goia.wa.gov">www.goia.wa.gov</a>	



# LEGAL

<b>CLEAR Hotline</b> Washington's toll-free, centralized intake, advice and referral service for low income people seeking free legal assistance with civil legal problems.	<b>888-201-1014</b>
<b>Columbia Legal Services</b> Protects and defends the legal and human rights of low-income people. <a href="http://www.columbialegal.org/">www.columbialegal.org/</a>	<b>800-542-6260</b>
<b>DD Life Opportunities Trust</b> Enables individuals with DD and their families to open a low cost special needs trust to set aside money and build assets for the future without compromising the individual's eligibility for public services. <a href="http://www.ddlot.org">www.ddlot.org</a>	<b>888-754-8798</b>
<b>Disability Rights of Washington (DRW)</b> Legal services for disability rights violations, general information about legal rights, community education and training. <a href="http://www.disabilityrightswa.org">www.disabilityrightswa.org</a>	<b>206-324-1521</b> <b>800-562-2702</b>
<b>Dispute Resolution Center</b> Provides landlord tenant dispute mediation.	<b>425-339-1335</b>
<b>Guardianship</b> At age 18, all adults assume legal responsibility for their actions. There are different types of guardianships and not everyone needs a full or limited guardian. To learn more, check out the following resources: <b><u>Disability Rights of Washington</u></b> Provides information on supported decision making, guardianship and protection of rights <a href="http://www.disabilityrightswa.org">www.disabilityrightswa.org</a> <b><u>Informing Families</u></b> An informational website for families that contains a video podcast on guardianship. <a href="http://www.informingfamilies.org">www.informingfamilies.org</a> <b><u>Mandatory Training for Guardians</u></b> This training is a new requirement for all guardians. <a href="http://www.courts.wa.gov/layguardiantraining">www.courts.wa.gov/layguardiantraining</a>	<b>800-562-2702</b>
<b><u>Snohomish County Superior Court</u></b> Provides information about reporting and guardianship paperwork. Guardianship paperwork can be purchased or downloaded from: <a href="http://snohomishcountywa.gov/2106/Guardianship">snohomishcountywa.gov/2106/Guardianship</a>	<b>425-388-3284</b>
<b><u>Arc of Snohomish County</u></b> Sponsors workshops and has guardianship packet of basic information and local resources. <a href="http://www.arcsno.org">www.arcsno.org</a>	<b>425-258-2459</b>
<b>Northwest Justice Project</b> Provides free civil legal assistance and representation to low-income people in situations affecting basic human needs. Free self-help materials available on website. <a href="http://www.nwjustice.org">www.nwjustice.org</a>	<b>425-252-8515</b> <b>888-201-1017</b>
<b>Protection Order Programs</b> <a href="http://snohomishcountywa.gov/439/Protection-Orders">snohomishcountywa.gov/439/Protection-Orders</a>	<b>425-388-3638</b>
<b>Snohomish County Legal Services</b> Provides free legal aid program serving Snohomish County residents experiencing poverty. <a href="http://www.snocollegal.org">www.snocollegal.org</a>	<b>425-258-9283</b>
<b>Washington Law Help</b> Provides education, materials, tools and information for an array of legal issues, linking to programs and resources. Available in multiple languages. <a href="http://www.washingtonlawhelp.org">www.washingtonlawhelp.org</a>	

# RECREATION

## Recreational Opportunities

<b>Boy Scouts Mount Baker Council</b> Helps develop leadership skills, new skills and provide community service. Mentoring from peers/adults. <a href="http://www.mountbakerbsa.org">www.mountbakerbsa.org</a>	425-338-0380
<b>Boys and Girls Clubs</b> Provides after school, summer and recreational opportunities for youth. <a href="http://www.bgsc.org">www.bgsc.org</a>	425-258-2436
<b>Campfire</b> Provides small group, outdoor education and camping programs for youth. <a href="http://www.campfireusasnohomish.org">www.campfireusasnohomish.org</a>	Snohomish County 425-258-5437
<b>Coalition for Inclusive Communities</b> A group of individuals committed to promoting more inclusive recreation and leisure opportunities in Snohomish County.	425-388-7320
<b>Edmonds Parks and Recreation</b> Provides many opportunities to participate in a variety of recreation and leisure activities. <a href="http://www.edmondswa.gov/cms">www.edmondswa.gov/cms</a>	425-771-0230
<b>Everett Parks and Recreation</b> Provides many opportunities to participate in a variety of recreation and leisure activities. <a href="http://www.everettwa.org">www.everettwa.org</a>	425-257-8300
<b>Footloose Sailing Association</b> <a href="http://www.footloosesailing.org">www.footloosesailing.org</a>	206-578-6735
<b>Girl Scouts</b> Provides an opportunity for kids age 5 to 17 to build courage, confidence and character and make the world a better place. <a href="http://www.girlscoutswa.org">www.girlscoutswa.org</a>	800-541-9852
<b>Imagine Children's Museum</b> A fun filled accessible place for children (located in Everett). <a href="http://www.imaginecm.org/">www.imaginecm.org/</a>	425-258-1006
<b>Lynnwood Parks and Recreation</b> Provides many opportunities to participate in a variety of recreation and leisure activities.	425-670-5732
Provides many opportunities to participate in a variety of recreation and leisure activities. <a href="http://www.marysvillewa.gov">www.marysvillewa.gov</a>	360-363-8000
<b>Mountaineers</b> Outdoor recreational opportunities. <a href="http://www.mountaineers.org">www.mountaineers.org</a>	206-521-6000
<b>Mountlake Terrace Parks &amp; Recreation</b> Provides many opportunities to participate in a variety of recreation and leisure activities. <a href="http://www.cityofmlt.com/530/Recreation">www.cityofmlt.com/530/Recreation</a>	425-776-9173
<b>National Parks and Federation Lands Access Pass</b> <a href="http://www.nps.gov/planyourvisit/passes.htm">www.nps.gov/planyourvisit/passes.htm</a>	888-275-8747
<b>Outdoors for All</b> Provides recreational programs including; cycling, fishing, hiking, river rafting, water and snow skiing, and in line skating. <a href="http://www.outdoorsforall.org">www.outdoorsforall.org</a>	206-838-6030
<b>Big Brothers/Big Sisters</b> Connects children ages 6-14 from single parent families with a Big Brother or Big Sister. <a href="http://www.bbbs-snoco.org">www.bbbs-snoco.org</a>	425-252-2227
<b>Redmond Parks and Recreation</b> Provides many opportunities to participate in a variety of recreation and leisure activities. <a href="http://www.raprd.org">www.raprd.org</a>	
<b>Shoreline Parks &amp; Recreation</b> Provides many opportunities to participate in a variety of recreation and leisure activities. <a href="http://www.shorelinewa.gov">www.shorelinewa.gov</a>	206-801-2700
<b>Sibshops</b> An opportunity for siblings, who have a brother /sister with a disability, to develop relationships, learn about resources & connect to other sibs. <a href="http://www.arcsno.org">www.arcsno.org</a>	425-258-2459

# RECREATION

**Snohomish County Parks & Recreation** Provides many opportunities to participate in a variety of recreation and leisure activities. [www.snohomishcountywa.gov/parks](http://www.snohomishcountywa.gov/parks)

**425-388-6600**

## Swimming Pools



**Edmonds Yost  
Lynnwood Recreation Center  
Mountlake Terrace Pool  
Snohomish Aquatic Center**

**425-775-2645  
425-670-5732  
425-776-9173  
360-568-8030**

**Village Theatre** Provides quality accessible, entertaining, educational musicals and non-musicals theatre for all ages. [www.villagetheatre.org/](http://www.villagetheatre.org/)

**425-392-2202**

**Washington State Parks** Provides information about state parks and accessible outdoor recreation. [parks.state.wa.us](http://parks.state.wa.us)

**360-902-8844  
888-226-7688**

## YMCA Youth Development Center Marysville

**360-653-9622**

### YMCA of Snohomish County

Provides recreation and childcare for all ages. Activities are set up to be welcoming and inclusive.

Reduced membership is available based on income. [www.ymca-snoco.org](http://www.ymca-snoco.org)



**Everett  
Marysville  
Mukilteo  
Southeast Everett  
Monroe  
Mill Creek  
Stanwood**

**425-258-9211  
360-653-9622  
425-493-9622  
425-337-0123  
360-805-1879  
425-337-0123  
360-629-9622**

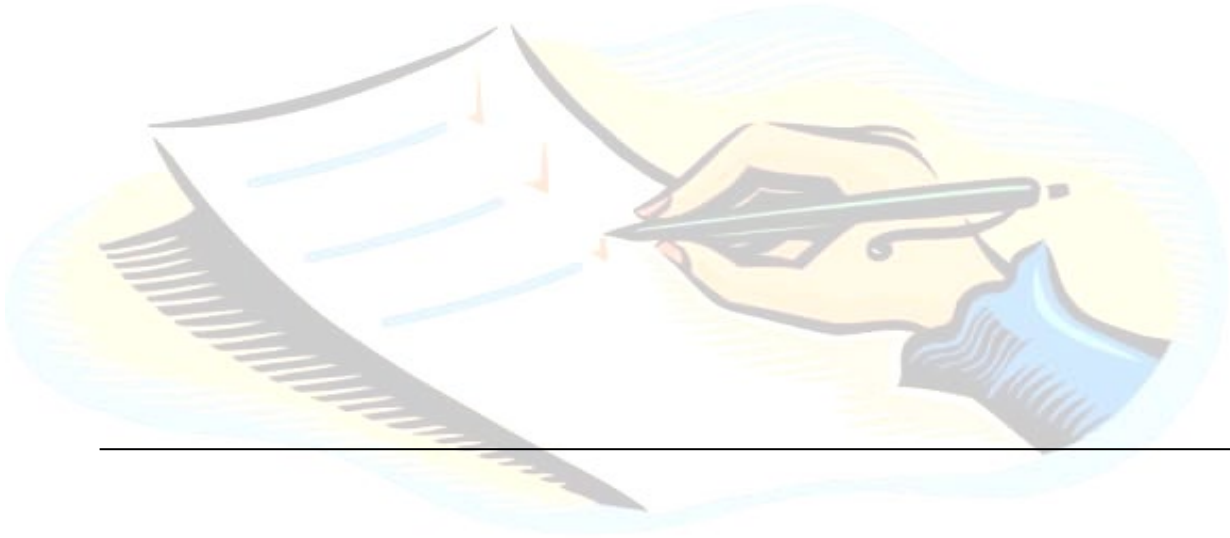
# TRANSPORTATION

<p><b>Amtrak</b> Call to determine location and accessibility of rail station. If requesting accessible bedroom accommodation, transfer seat or wheelchair space, reserve up to 15 days in advance. Student and disability discounts available. <a href="http://www.amtrak.com">www.amtrak.com</a></p>	<p><b>800-USA-RAIL TTY 800-523-6590</b></p>
<p><b>Bus Passes</b></p> <p><b>ORCA Card</b> Works like cash or a pass, automatically tracking the value of different fares and transfers. Accepted on Community Transit systems in Snohomish, King and Pierce County. (cannot be used on DART) <a href="http://www.orcacard.com">www.orcacard.com</a></p> <p><b>Regional Reduced Fare Permit (RRFP)</b> Provides reduced fare permits, passes and ticket books to ride fixed bus routes. For seniors and individuals with disabilities. A personal care attendant (PCA) can ride for free with a reduced-fare passenger; the PCA must get on and off with the reduced-fare passenger. The reduced-fare passenger must have an RRFP with "PCA" on the card.</p>	<p><b>888-988-6722</b></p> <p>Community Transit <b>425-348-2350</b> Everett Transit <b>425-257-7777</b></p>
<p><b>Community Transit</b> Provides local routes, commuter routes, Swift Bus, Rapid Transit and vanpools in Snohomish County. Free presentations and rides are available upon request.</p> <p><b>The Travel Instruction Program</b> is a free program individualized to teach the basic skills necessary to successfully ride Community Transit's regular route system. Training is tailored to meet individual needs. <a href="http://www.communitytransit.org">www.communitytransit.org</a></p>	<p><b>425-353-7433 800-562-1375</b></p>
<p><b>Dial-A-Ride Transportation (DART)</b> Provides door to door transportation to the elderly/disabled who are unable to use regular bus services in Snohomish County. Must be ADA para transit eligible. Call to make reservations. <a href="http://www.dialaride.org">www.dialaride.org</a></p>	<p><b>425-347-5912 800-562-1381</b></p>
<p><b>Disabled Parking Permits</b> Parking permits available through the Department of Licensing. <a href="http://www.dol.wa.gov/vehicleregistration/parking.html">www.dol.wa.gov/vehicleregistration/parking.html</a></p>	<p><b>360-902-3770</b></p>
<p><b>Everett Transit</b> Provides fixed route bus transportation within Everett city limits.</p> <p><b>Everett Para Transit</b> Provides door-to-door transportation within Everett city limits. Must be ADA Para transit eligible. Call to make reservations. <a href="http://www.everetttransit.org">www.everetttransit.org</a></p>	<p>Everett Transit <b>425-257-7777</b> Para Transit <b>425-257-8801</b></p>
<p><b>Find A Ride</b> An interactive, internet-based resource to assist riders in locating transportation options in Snohomish, King and Pierce Counties. <a href="http://www.findaride.org">www.findaride.org</a></p>	<p><b>425-943-6760</b></p>
<p><b>Greyhound Bus</b> Provides bus service throughout the United States. Call in advance to request an accessible bus. <a href="http://www.greyhound.com">www.greyhound.com</a></p>	<p><b>800-231-2222</b></p>
<p><b>HopeLink</b> Includes three programs: DART Transit, Medicaid transportation and Mobility Management. <a href="http://www.hopelink.org/need-help">www.hopelink.org/need-help</a></p>	<p>Before day of trips <b>800-923-7433</b> Same day trips <b>800-595-2172</b></p>
<p><b>Island Transit and Para Transit</b> Provides bus service on Camano and Whidbey Islands with Washington State Ferry Connections. <a href="http://www.islandtransit.org">www.islandtransit.org</a></p>	<p><b>360-678-7771</b></p>
<p><b>Kersey Mobility for Life</b> Sells and rents wheelchair accessible vans. <a href="http://www.kerseymobility.com/">www.kerseymobility.com/</a></p>	<p><b>425-406-8484</b></p>
<p><b>King County Metro</b> Fixed routes throughout King County. Also provides door to door transportation. Call to make reservations. <a href="http://metro.kingcounty.gov">metro.kingcounty.gov</a></p>	<p><b>206-553-3000</b></p>

# TRANSPORTATION

<p><b>Medstar Transportation</b> Medstar Transportation provides supported mobility transportation throughout all of Western Washington.</p>	<p>Everett <b>877-916-3729</b></p>
<p><b>Snohomish County Public Works</b> To learn about roadway projects that may affect you go to: Search Roads Central <a href="http://www.snohomishcountywa.gov/">www.snohomishcountywa.gov/</a></p>	<p>Road Maintenance <b>425-388-7500</b></p>
<p><b>SNOTRAC</b> Advocates for connecting people and communities in Snohomish County and beyond with safe, equitable, and accessible transportation. <a href="http://www.gosnotrac.org">www.gosnotrac.org</a></p>	<p><b>425-780-6052</b></p>
<p><b>Sound Transit</b> Express buses operate throughout King, Snohomish, and Pierce Counties. <a href="http://www.soundtransit.org">www.soundtransit.org</a></p>	
<p><b>Stillaguamish Tribe Transit Services</b> Provides Demand-Response transportation services to native and non-native individuals in northern Snohomish County. Schedule in advance. <a href="http://www.stillaguamish.com/">www.stillaguamish.com/</a></p>	<p><b>360-652-7362</b></p>
<p><b>Transportation Assistance Program (TAP)</b> For older adults and individuals with disabilities. Coordinates transportation in rural areas not served by Community Transit's DART Para Transit. Connects individuals with DART, vanpool or fixed route service. <a href="http://www.sssc.org/transportation">www.sssc.org/transportation</a></p>	<p><b>425-423-8517</b></p>
<p><b>Tulalip Transit</b> Provides rural transportation from designated stops. <a href="http://www.tulaliptribes-nsn.gov/Dept/TulalipTransit">www.tulaliptribes-nsn.gov/Dept/TulalipTransit</a></p>	<p><b>360-716-4000</b></p>
<p><b>Vanpool/Carpool Services</b> Vans are leased to passengers who are going to the same place on a regular basis. Vanpools can help people with disabilities and seniors travel to work, school or regularly scheduled activities. <a href="http://www.rideshareonline.com">www.rideshareonline.com</a></p>	
<p><b>Washington State Ferries</b> <a href="http://www.wsdot.wa.gov/ferries">www.wsdot.wa.gov/ferries</a></p>	<p><b>888-808-7977</b></p>
<p><b>Wheelchair Accessible Services</b></p>	<p>Medstar Transportation <b>877-916-3729</b> Medi Ride <b>855-766-7433</b></p>

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UPDATES AND ADDITIONAL RESOURCES CAN BE FOUND AT:

[www.snohomishcountywa.gov/dd](http://www.snohomishcountywa.gov/dd)

**SNOHOMISH COUNTY  
DEVELOPMENTAL DISABILITIES**



**RESOURCE GUIDE**



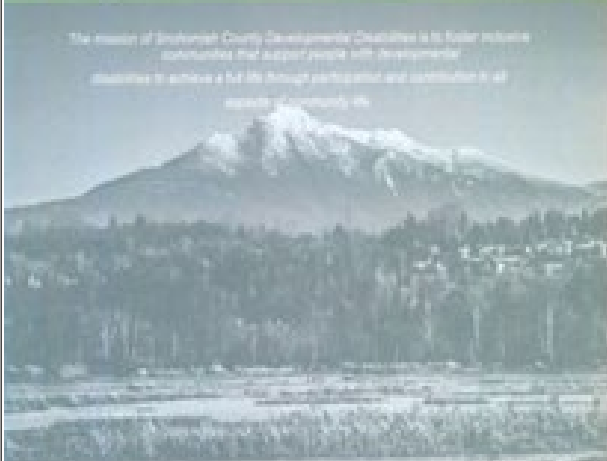
RESOURCES AND CONTACT INFORMATION FOR OVER 350 AGENCIES



Snohomish County  
Human Services

Developmental Disabilities Community Plan

The mission of Snohomish County Developmental Disabilities is to foster inclusive communities that support people with developmental disabilities to achieve a full life through participation and contribution in all aspects of community life.



Snohomish County  
Developmental Disabilities

**Career Path Services**

A Guide to  
Employment



SUPPORTS AVAILABLE FOR INDIVIDUALS INTERESTED IN  
WORKING AND CONTRIBUTING IN THEIR COMMUNITY

SNOHOMISH COUNTY  
DEVELOPMENTAL DISABILITIES

**BUILDING A  
SUCCESSFUL  
FUTURE**

GUIDE BOOK

